



# Course Map

Triathlon Festival | 21 March | Newcastle

## Event Details | Solo Triathlon | Teams Triathlon

Newcastle City Council Olympic Distance Triathlon	6.30am	Swim 1500m - Cycle 40km - Run 10km
Diehards Triathlon	8.40am	Swim 500m - Cycle 25km - Run 6km
Solo Triathlon	9.45am	Swim 500m - Cycle 15km - Run 4km
Teams Triathlon	10.30am	Swim 500m - Cycle 15km - Run 4km

### Map Legend

500m Swim Leg -

3 laps of short course

15km Cycle Leg -

2 laps of 2km course

4km Run Leg -

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